

Dear Principals and Leadership Teams,

Please find attached a video produced by the ABC with presenter Maggie Dent about **Should I let my child walk to school alone?**

Quite often the Safe Around Schools team are asked this question and when is the right time for students to walk to and from school? Our answer is it really dependent on the families and their own circumstances, how far away from the school they may live, and other commitments parents/carers may have on a particular day.

We do however, as a council like to promote Active Travel for families as there are so many physical and mental wellbeing benefits for families. This short video may allow families to discuss this with students and even start trialling in their families to see if it works for them. We recommend starting with small steps - just once a week or trialling parking a little further away from the school to allow your student to enjoy the short walk into school or meeting up with friends in the closest park/reserve and allowing friends to walk in together.

<https://www.facebook.com/ABClisten/videos/252683994225195>

We encourage all schools to share this video with families (and you are more than welcome to copy our above text) during Term 3 & 4 to promote Active Travel in your school and open up the discussion as a family.

We would also welcome any feedback as to how this video has been received within your school community.

Kind regards,



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We proudly acknowledge the Traditional Owners, Casey's Aboriginal communities and their rich culture and pay respect to their Elders past, present and future. We acknowledge Aboriginal people as Australia's First Peoples and as the Traditional Owners and Custodians of the land on which we work and live.

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